

Universal Healthy Minds Ltd – Home Care Services

Universal Healthy Minds Ltd is a **CQC-regulated provider** delivering **safe, effective, caring and responsive services** to individuals across Sandwell and Dudley, Birmingham, Walsall, Wolverhampton, Stafford (including their surrounding areas) and the wider West Midlands.

We provide **high-quality, person-centred support** that enables individuals to remain in their own homes while promoting **independence, dignity, choice, and control**.

Our services are tailored to meet a wide range of needs, including:

- Personal care and support with activities of daily living
- Medication support and administration
- Meal preparation and nutritional support
- Emotional wellbeing and companionship
- Household and tenancy-related support
- Support with accessing education, employment, and the community

We support individuals with **varying levels of need**, from low-level support through to more complex presentations, including mental health needs, behavioural support, and enhanced staffing arrangements where required.

Our model of care is underpinned by:

- **Comprehensive assessment and care planning**
- **Dynamic risk assessment and risk management**
- **Trained, supervised, and supported staff teams**
- **Regular reviews and outcome monitoring**
- **Partnership working with families, professionals, and agencies**

***We are committed to delivering **consistent, reliable, and outcome-focused care**, ensuring individuals are supported to achieve positive outcomes and maintain their independence safely. ***

Fee Schedule

Universal Healthy Minds Ltd

Private Care Fees – West Midlands

Overview

Universal Healthy Minds Ltd provides **flexible, person-centred care packages** tailored to individual needs. Our pricing structure reflects the delivery of **safe, effective, and high-quality care**, in line with regulatory standards and best practice.

Hourly Care Rates

- **Standard Day Support (Mon–Fri, 7am–7pm):** from **£29.00 per hour**
- **Evenings & Weekends:** from **£31.00 per hour**
- **Bank Holidays:** from **£35.00 per hour**

Night Support

- **Waking Night (8–10 hours):** from **£280.00 per night**
- **Sleep-in (non-waking support):** from **£120.00 per night**

Enhanced & Complex Support

We have the capability to deliver care to individuals with **increased or complex needs**, including:

- Mental health and behavioural support
- High-risk presentations requiring structured risk management
- Two-to-one (2:1) or enhanced staffing levels

All enhanced care packages are **subject to individual assessment and costed accordingly**, ensuring safe staffing ratios and effective support delivery.

What is Included in Our Rates

Our fees are inclusive of:

- Personal care and daily living support
- Medication support/administration (where assessed)
- Meal preparation and nutritional support

- Emotional wellbeing and companionship
- Light household and domestic support
- Care planning, risk assessments, and ongoing reviews
- Staff training, supervision, and quality assurance processes
- Liaison and partnership working with professionals and services

Additional Costs (Where Applicable)

Additional charges may apply for:

- Travel outside the local Walsall and surrounding areas
- Specialist equipment or clinical supplies
- Activities, outings, or transport costs
- Enhanced staffing arrangements (e.g. 2:1 support)

Assessment and Care Planning

All care packages begin with a **free initial assessment**, enabling us to:

- Identify individual needs, strengths, and risks
- Develop a tailored, person-centred care plan
- Determine appropriate staffing levels and support structures

Final pricing will be confirmed following assessment and is dependent on:

- Level and complexity of need
- Duration and frequency of support
- Time of day and staffing requirements

*****Our Commitment to Quality*****

Universal Healthy Minds Ltd is committed to delivering:

- **Safe, effective, caring, and responsive services**
- **Consistent and reliable staffing**
- **Outcome-focused support planning**
- **Continuous quality improvement and regulatory compliance**